

| DISPOSABLE EQUIPMENT                   | CLEAN  | REPLACE        | SYMPTOMS TO WATCH FOR                            |
|--|--|----------------|--|
| Cushion                                | Daily  | Every 1 month  | Air leaks, poor fit, visible wear, discoloration |
| Tubing                                 | Twice Weekly   | Every 3 months | Cracks, “stretch marks”, discoloration           |
| Filters                                | Replace monthly  | Every 1 month  | Visible dirt, discoloration                      |
| Mask                                   | Twice Weekly   | Every 3 months | Air leaks, loose fit, visible damage             |
| Headgear                               | Twice Weekly   | Every 6 months | Air leaks, Velcro wear, discoloration, loose fit |
| Chinstrap                              | Twice Weekly   | Every 6 months | Velcro wear, discoloration, loose fit            |
| Disposable Humidifier Canister         | Twice Weekly   | Every 6 months | Discoloration, mineral deposits                  |
| CPAP / Bi-PAP machine                  | Twice Monthly  | Every 5 years  | Dust build up, abnormal sounds                   |
| RETURN VISITS, WARRANTY, & MAINTENANCE |  |                |  |
| When is another sleep study indicated? | <p>If symptoms return in spite of using therapy regularly. (If you started snoring, experience daytime sleepiness again, etc.)</p> <p>After substantial weight loss or gain (10% of body weight)</p> |                |  |
| How often do I see my Doctor?          | Annually and as needed   |                |  |
| Warranty Information                   | CPAP and BPAP machines both have a two year warranty (some devices have a one year warranty on the heater component)   |                |  |
| Quarterly Maintenance                  | You can bring your CPAP or BPAP machine in to our office for a quarterly maintenance system assessment.  |                |  |